



## ELECTRONIC THESIS AND DISSERTATION UNSYIAH

### TITLE

MENGEMBANGKAN KECERDASAN KINESTETIK ANAK USIA 5-6 TAHUN MELALUI TARI SEUDATI DI TK ACEH BANDA SCHOOL

### ABSTRACT

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Jawahir, Putri. 2018. Developing Kinesthetic Intelligence of Children Age 5-6 Years Through Seudati Dance at Kindergarten Aceh Banda School. Thesis, Department of Early Childhood Teacher Education, Faculty of Teacher Training and Education. University of Syiah Kuala.

Counselor:

(1) Dra. Yuhasriati, M.Pd (2) Saptiani, M.Pd.I

Keywords: Kinesthetic Intelligence, Seudati Dance, Early Age Children

Kinesthetic intelligence is an intelligence in performing body movements from head to toe, done in reflexes and simple motor skill which developed into the ability to control movement. The body movement done in this research is to develop kinesthetic intelligence is through Seudati Dance. Focused kinesthetic intelligence is: balance, muscle strength, and alignment into studies in this study. The aim of his study is to determine the development of early childhood kinesthetic intelligence through Seudati Dance in kindergarten Banda Aceh School. This research is classified as qualitative research with classroom action research approach. Subjects in the study were early age children aged 5-6 years group B, which amounted to 8 children who are all male. The Data collection used observation and performance techniques. The result of the research shows that the cycle I shows the Evaluation criteria of Start Developing (MB) 3 children: the child starts to sync 2 movements according to poetry and performs movement at chest and step; Develop as Expected (BSH) 3 children: children are able to align 3 movements according to poetry and perform movements such as chest, step, tiptoe, picking fingers and standing one foot; and Developed Very Well (BSB) as much as 2 children; children are able to align 3 movements according to the poem very well and do movements such as chest, step, tiptoes, picking fingers and standing one foot very well. The result of cycle II is an increase that is Develop as Expected (BSH) as much as 2 children: children are able to align 3 movements according to poetry and perform movements such as at chest, step, tiptoe, pick finger and stand one foot; and Develop Very Well (BSB) as much as 6 children: children are able to align 3 movements according to the poem very well and do movements such as at chest, step, tiptoe, pick finger and stand one foot very well. It is concluded that kinesthetic intelligence through Seudati Dance can be developed by introducing Seudati Dance through telling about the dance, demonstrating Seudati Dance in the classroom, and doing additional exercises outside of school time. It is recommended for teachers to develop early childhood kinesthetic intelligence can be done through Seudati Dance or various other dances, both Aceh dance and other regional dances.

#### ABSTRAK

Jawahir, Putri. 2018. Mengembangkan Kecerdasan Kinestetik Anak Usia 5-6 Tahun Melalui Tari Seudati di TK Aceh Banda School. Skripsi, Jurusan Pendidikan Anak Usia Dini, Fakultas Keguruan dan Ilmu Pendidikan, Universitas Syiah Kuala. Pembimbing:

(1) Dra. Yuhasriati, M.Pd (2) Saptiani, M.Pd.I

Kata Kunci : Kecerdasan Kinestetik, Tari Seudati, Anak Usia Dini

Kecerdasan kinestetik ialah suatu kecerdasan dalam melakukan gerakan-gerakan tubuh mulai dari kepala sampai kaki, dilakukan secara refleks dan keterampilan motorik sederhana yang kemudian berkembang menjadi kemampuan mengontrol gerakan. Gerakan tubuh yang dilakukan dalam penelitian untuk mengembangkan kecerdasan kinestetik yaitu melalui Tari Seudati. Kecerdasan kinestetik yang difokuskan yaitu: keseimbangan, kekuatan otot, dan keselarasan menjadi kajian dalam penelitian ini. Penelitian ini bertujuan untuk mengetahui perkembangan kecerdasan kinestetik anak usia dini melalui Tari Seudati di TK Aceh Banda School. Penelitian ini tergolong jenis penelitian kualitatif dengan pendekatan penelitian tindakan kelas (Classroom Action Research). Subjek dalam penelitian adalah anak usia dini berusia 5-6 tahun kelompok B, yang berjumlah 8 orang anak yang seluruhnya berjenis kelamin laki-laki. Pengumpulan data dengan menggunakan teknik observasi dan unjuk kerja. Hasil penelitian bahwa siklus I menunjukkan kriteria penilaian Mulai Berkembang (MB) 3 anak; Berkembang Sesuai Harapan (BSH) 3 anak; Berkembang Sangat Baik (BSB) sebanyak 2 anak. Hasil siklus II terjadi peningkatan yaitu Berkembang Sesuai Harapan (BSH) sebanyak 2 anak; anak



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sudah bisa menyelaraskan 3 gerakan sesuai syair dan melakukan gerakan seperti pukul dada, step, berjinjit, petik jari dan berdiri sebelah kaki; dan Berkembang Sangat baik (BSB) sebanyak 6 anak: anak sudah bisa menyelaraskan 3 gerakan sesuai syair dengan sangat baik dan melakukan gerakan seperti pukul dada, step, berjinjit, petik jari dan berdiri sebelah kaki dengan sangat baik. Disimpulkan bahwa kecerdasan kinestetik melalui Tari Seudati dapat dikembangkan dengan cara memperkenalkan Tari Seudati melalui bercerita tentang tarian tersebut, memperagakan Tari Seudati di dalam kelas, dan melakukan latihan tambahan di luar waktu sekolah.